

## Your health, your benefits, at your convenience!

## Need to register for myCIGNA.com? Just follow these brief steps:

- From any computer with Internet access, navigate the web browser to www.mycigna.com.
- On the left-hand side of the page, click the Register now! button.
- Enter your date of birth and zip code along with your Member ID or Social Security number.
- Create a User ID and Password for yourself.
- Select a secret question and enter your response
- Review the information you've entered on the Confirmation Screen, then click the Finish button
- You will be asked if you want to log on to myCIGNA.com, this is where you will enter your User ID and Password.
- Click Accept on the User Agreement that will come up after you have logged in.
- Select one of the options to have your lab data sent (or not sent) to WebMD Health Quotient Health Risk Assessment and WebMD Health Tracker.
- You will now enter the main page of <u>myCIGNA.com</u> portal.

Having any trouble? Call our Internet Customer Service line at 1.800.284.8346